



FIRE FIGHTER SKILLS TASK BOOK







INTRODUCTION

This Core Competency Task Book (CCTB) has been developed to document the required core competencies for Trainee based training. Each objective lists the performance requirements (tasks) in a format that allows the individual to be evaluated by the current standard. Successful performance of all tasks, as observed and recorded by a department approved evaluator, will allow the Trainee to receive training credit, based on the completion of the skill. Evaluation and confirmation of the individual's performance of all tasks may involve more than one evaluator. It is important that performance be critically evaluated and accurately recorded by each evaluator. All statements within a task which require an action must be successfully demonstrated before the task is to be signed off.

In this book, there are numerous skills that center on team work. Some of those skills are centered around tasks that your department may not be involved in on a regular basis. <u>Before using this book, it is important to know what your department needs are to train upon, AND what will be the essential skills that are important to your department?</u>

The skills may also be completed in a double or multiple fire department partnership. Departments can work together to supply the equipment that is needed, as well as demonstrate and evaluate the tasks.

Several tasks require action by both a lead and backup Trainee. Trainees must successfully complete tasks for both positions. In rare & specific cases, simulated procedures may be used to meet the requirements of the above objectives.

By completing the skill check offs, the record will show the skills in which were demonstrated, the date, as well as the signatures of the Trainee and the Evaluator. This will assist the agency/department in the event of recertification requirements; in service hours for Instructional based methods, as well as OSHA inspections.

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RESPONSIBILITIES

The Fire Chief or his/her designee may authorize personnel to be an evaluator and to sign the Core Competency Task Book. Individuals may not sign off on themselves.

The Training Officer is normally the designated final evaluator and he/she will review each completed CCTB with the Fire Chief or Designee. The "Evaluator" **CANNOT teach and coach while he/she is evaluating.**

The **Trainee** is responsible for:

- · Reviewing and understanding instructions in the CCTB.
- · Identifying desired objectives/goals.
- · Satisfactorily demonstrating completion of all tasks within the certification year.
- · Assuring the Evaluation Record is complete.
- Notifying his/her "Company Officer/Leader" when the CCTB is complete and providing a copy for his/her department records.

The **Evaluator** is responsible for:

- · Being qualified and proficient in the position being evaluated.
- · Explaining to the Trainee the evaluation procedures that will be utilized.
- · Identifying tasks to be performed during the evaluation period.
- Accurately evaluating and recording demonstrated performance of tasks. Satisfactory performance shall be documented by dating and signing after completion of the task.

The **Final Evaluator** is responsible for:

 Checking off each Trainee as they complete a specific skill task. The skills check off sheet is enclosed to aid the Training Officer in tracking all of the Trainees' status of completion.





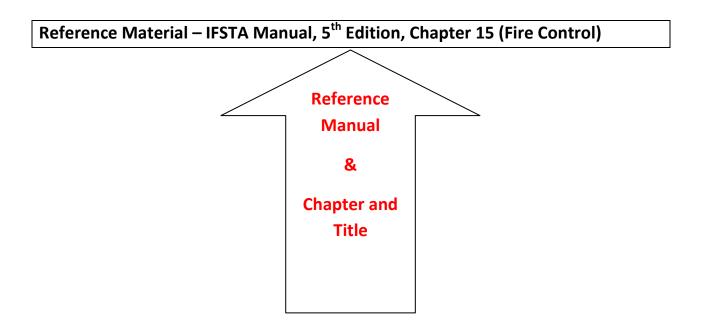
IMPORTANT NOTICE

Each Trainee, as well as the Evaluator shall read the instructions sections within the skill sheets. This section will include important information such as **(but not limited to)**:

- Equipment needed
- Skill Scenarios
- Actual Skill Check off Sheets
- Team element drill notices

ALL skills are measured with the Firefighter I standard.

Reference Material







GLOSSARY OF TERMS

BA- Breathing Apparatus (SCBA- 3 sections)

CCTB- Core Competency Task Book

FE- Forcible Entry

HA- Hose Line Advancement- 2 sections

HV- Hydraulic Ventilation

MV- Mechanical Ventilation

PPE- Personal Protective Equipment – 2 sections

SFA- Structure Fire Attack – 4 sections

VR- Victim Rescue

Trainee- Trainee that is training on the above skills

Evaluator- Personnel that evaluates above skills for another Trainee

Instructions to the Monitor/Evaluator- Instructions for the Evaluator to view prior to training

Instructions to the Trainee- Instructions for the Trainee to view prior to training

Equipment / Planning List- Equipment that will be needed for the skills evaluation

SIDS- Sudden Infant Death Syndrome

CPR- Cardio Pulmonary Resuscitation









SCBA USE IN RESTRICTED PASSAGES

Skill Number: BA-1 Objectives: 5.3.9

INSTRUCTIONS TO THE MONITOR/EVALUATOR

- 1. The Trainee shall be given the instructions below before beginning the exercise.
- 2. Check off each step as the Trainee completes it.

EQUIPMENT / PLANNING LIST

- A. Full turnout gear (helmet, hood, coat, pants, boots, gloves)
- B. Self Contained Breathing Apparatus (with PASS device)
- C. Wax Paper (for obscured visibility) or Simulated Smoke or face piece cover
- D. Training Room/Building to conduct training
- E. Trainee Check Off Form

INSTRUCTIONS TO THE TRAINEE

The Trainee, while wearing a self-contained breathing apparatus, shall demonstrate a proper emergency procedure for escaping through a restricted passage. (Note- This is to be accomplished in an obscured visibility environment using either Simulated Smoke or face piece cover, total darkness or face piece covers.)

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1.		Wears full personal protective equipment including SCBA with PASS device.
2.		Never removes the face piece.
3.		Changes body position, rotating 45°, and tries again.
4.		Partially removes the SCBA unit by loosening straps and rotating the SCBA unit under the arm along the rib cage.
5.		As a last resort, performs a "full escape" by removing the harness assembly and holding the SCBA unit in front of him/her.
6.		Always maintains contact with the SCBA unit, holding on to the shoulder straps and regulator assembly.
7.		Maintains control of the unit, not moving it away or allowing the face piece to be pulled away.
8.		Reattaches the harness as soon as he/she is through the restricted space.





Reference Material – IFSTA Manual, 5th Edition, Chapter 5 (Rescue & Extrication)

Trainee's Name	Date	Evaluator's Name
Trainee's Signature	Updated	Evaluator's Signature









Donning PPE

Skill Number: PPE-1 (part 1) Objectives: 5.1.1.2, 5.3.1

INSTRUCTIONS TO THE MONITOR/EVALUATOR

- 1. The Trainee shall be given the instructions below before beginning the exercise.
- 2. Check off each step as the Trainee completes it.

EQUIPMENT / PLANNING LIST

- A. Full turnout gear (helmet, hood, coat, pants, boots, gloves)
- B. Training Room/Building to conduct training
- C. Watch with second hand or stop watch
- D. Trainee Check Off Form

INSTRUCTIONS TO THE TRAINEE

While standing in the ready position at their turnout gear, once the Evaluator says begin, the Trainee shall don PPE (Boots, pants, coat, gloves, hood, & helmet) within 1 minute, per NFPA.

- Don pants and boots according to manufacturer's guidelines, including suspenders.
 Don hood (may down around the neck).
- 3. Don coat, with closure secure and collar up.
- 4. Don helmet.
- 5. Don gloves.
- 6. Donning complete in one minute.

Reference Material – IFSTA Manual, 5th Edition, Chapter 5 (Personal Protective Equipment)

Trainee's Name	Date	Evaluator's Name
Trainee's Signature	Updated	Evaluator's Signature









Donning SCBA (Coat Method)

Skill Number: PPE-2 (part 2) Objectives: 5.3.111 & 5.3.305

INSTRUCTIONS TO THE MONITOR/EVALUATOR

- 1. The Trainee shall be given the instructions below before beginning the exercise.
- 2. Check off each step as the Trainee completes it.

EQUIPMENT / PLANNING LIST

- A. Full turnout gear (helmet, hood, coat, pants, boots, gloves)
- B. Self Contained Breathing Apparatus (with PASS device)
- C. SCBA storage case or compartment
- D. Training Room/Building to conduct training
- E. Watch with second hand or stop watch
- F. Trainee Check Off Form

INSTRUCTIONS TO THE TRAINEE

The Trainee, while wearing their PPE will don an SCBA by utilizing the *method of choice* by the Evaluator. The Trainee will be told this training scenario is designed for the trainee to demonstrate their individual ability to don SCBA in accordance fire department policies and procedures.

proce	cuties.
1.	Wears personal protective equipment (Boots, pants, coat)
2.	Position SCBA with the valve end of the cylinder toward the body.
3.	Open cylinder valve.
	a. Low pressure alarm sounds
	b. Valve fully open
	c. Cylinder at least 90% full
4.	Check cylinder and regulator pressure gauges.
	a. Pressure readings within 100psi OR needles on both pressure gauges indicate
	same pressure
5.	Grasp the top of the left shoulder strap on the SCBA with the left hand and raise the
	SCBA overhead.
6.	Guide left or right elbow through the loop formed by the respective shoulder strap.
	Repeat for other side.
7.	Fasten chest strap, buckle waist strap and adjust shoulder straps
8.	Don face piece.
	a. Check face piece seal
	b. No air leakage





9.	Connect air supply to face piece.
	a. Take normal breaths
10.	Don hood, helmet and gloves
	a. Ensure that no skin is exposed
	b. Donning completed within one minute

Reference Material - IFSTA Manua	al, 5 th Edition,	Chapter 5	Rescue & Education
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Trainee's Name	Date	Evaluator's Name
Trainee's Signature	Updated	Evaluator's Signature





Donning SCBA (Over the Head Method)

Skill Number: PPE-2 (part 2) Objectives: 5.3.111 & 5.3.305

INSTRUCTIONS TO THE MONITOR/EVALUATOR

- 1. The Trainee shall be given the instructions below before beginning the exercise.
- 2. Check off each step as the Trainee completes it.

EQUIPMENT / PLANNING LIST

- A. Full turnout gear (helmet, hood, coat, pants, boots, gloves)
- B. Self Contained Breathing Apparatus (with PASS device)
- C. SCBA storage case or compartment
- D. Training Room/Building to conduct training
- E. Watch with second hand, or stop watch

INSTRUCTIONS TO THE TRAINEE

The Trainee, while wearing their PPE will don an SCBA by utilizing the *method of choice* by the Evaluator. The Trainee will be told this training scenario is designed for the trainee to demonstrate their individual ability to don SCBA in accordance fire department policies and procedures.

proced	dares.
1.	Wears full turnout gear
2.	Position SCBA with the valve end of the cylinder away the body.
3.	Open cylinder valve.
	a. Low pressure alarm sounds
	b. Valve fully open
	c. Cylinder at least 90% full
4.	Check cylinder and regulator pressure gauges.
	a. Pressure readings within 100psi OR needles on both pressure gauges indicate
	same pressure
5.	Raise the SCBA overhead while guiding elbows into the loops formed by the shoulder
	straps.
	a. Grasp both sides of the harness assembly and allow it slide down back
6.	Fasten chest strap, buckle waist strap, and adjust shoulder straps.
7.	Don face piece.
	a. Check face piece seal
	b. No air leakage
8.	Connect air supply to face piece.
	a. Take normal breaths





9.	Don hood, helmet and gloves
	a. Ensure that no skin is exposed
	b. Donning completed within one minute

Reference Material – IFSTA Manual, 5th Edition, Chapter 5 (Rescue & Education)

Trainee's Name	Date	Evaluator's Name
Trainee's Signature	Updated	Evaluator's Signature



1.

INDIANA FIREFIGHTER TRAINING SYSTEM 2013 CORE COMPETENCY TASK BOOK



Donning SCBA (Seat Mounted Method)

Skill Number: PPE-2 (part 2) Objectives: 5.3.111 & 5.3.305

INSTRUCTIONS TO THE MONITOR/EVALUATOR The Trainee shall be given the instructions below before beginning the exercise.

2. Check off each step as the Trainee completes it.

EQUIPMENT / PLANNING LIST

- A. Full turnout gear (helmet, hood, coat, pants, boots, gloves)
- B. Self Contained Breathing Apparatus (with PASS device)
- C. Seat with mounted SCBA bracket
- D. Watch with second hand, or stop watch

INSTRUCTIONS TO THE TRAINEE

The Trainee, while wearing their PPE will don an SCBA by utilizing the *method of choice* by the Evaluator. The Trainee will be told this training scenario is designed for the trainee to demonstrate their individual ability to don/doff SCBA in accordance fire department policies and procedures.

ξ	ina procedures.		
1.	Wears full turnout gear		
2.	Open cylinder valve.		
	a. Low pressure alarm sounds		
	b. Valve fully open		
	c. Cylinder at least 90% full		
3.	Check cylinder and regulator pressure gauges.		
	a. Pressure readings within 100psi OR needles on both pressure gauges indicate		
	same pressure		
4.	Position body in seat with back firmly against the SCBA.		
	a. Release the SCBA hold down device		
5.	Insert arms through shoulder straps		
6.	Fasten chest strap, buckle waste strap and adjust shoulder straps		
7.	Don face piece.		
	a. Check face piece seal		
	b. No air leakage		





8.	Connect air supply to face.
	a. Take normal breaths
9.	Don hood, helmet and gloves.
	a. No skin exposed
	b. Donning completed within one minute

Reference Material – IFSTA Manual, 5th Edition, Chapter 5 (Rescue & Education)

Trainee's Name	Date	Evaluator's Name
Trainee's Signature	Updated	Evaluator's Signature





SCBA- OPERATE EMERGENCY BYPASS/PURGE VALVE

Skill Number: BA-2 Objectives: 5.3.112

INSTRUCTIONS TO THE MONITOR/EVALUATOR The Trainee shall be given the instructions below before beginning the exercise. Check off each step as the Trainee completes it.

EQUIPMENT / PLANNING LIST

- A. Full turnout gear (helmet, hood, coat, pants, boots, gloves)
- B. Self Contained Breathing Apparatus (with PASS device)
- C. Wax Paper (for obscured visibility) or Simulated Smoke or face piece cover
- D. Training Room/Building to conduct training
- E. 2 Handheld radios for communication (1 for Trainee and 1 for Evaluator)
- F. Trainee Check Off Form

INSTRUCTIONS TO THE TRAINEE

The Trainee, while wearing full turnout gear and SCBA, shall demonstrate the use of the emergency bypass (purge) valve in the event of a regulator malfunction in a zero visibility environment (Simulated Smoke or face piece cover, darkness or face piece covers.)

envii	environment (Simulated Smoke or lace piece cover, darkness or lace piece covers.)		
1.		Attempts to call for help by declaring a MAYDAY (by using "LUNAR") via handheld	
		radio	
2.		Locate the bypass valve	
3.		Opens the bypass/purge valve partially	
4.		Take a breath	
5.		Closes the valve until another breath is needed	
6.		Activates the PASS device	

Reference Material – IFSTA Manual, 5th Edition, Chapter 5 (Personal Protective Equipment)

Trainee's Name	Date	Evaluator's Name
Trainee's Signature	Updated	Evaluator's Signature





Doff SCBA

Skill Number: PPE-2 (part 2) Objectives: 5.1.12

INSTRUCTIONS TO THE MONITOR/EVALUATOR

- 1. The Trainee shall be given the instructions below before beginning the exercise.
- 2. Check off each step as the Trainee completes it.

EQUIPMENT / PLANNING LIST

- A. Full turnout gear (helmet, hood, coat, pants, boots, gloves)
- B. Self Contained Breathing Apparatus (with PASS device)
- C. SCBA storage case or compartment
- D. Training Room/Building to conduct training
- E. Trainee Check Off Form

INSTRUCTIONS TO THE TRAINEE

The Trainee, while wearing their PPE will doff an SCBA, and place the unit back into service. The Trainee will be told this training scenario is designed for the trainee to demonstrate their individual ability to doff, and inspect an SCBA in accordance with fire department policies and procedures.

1.	Wears full turnout gear
2.	Remove SCBA
3.	Close cylinder valve completely
4.	Bleed air cylinder pressure and replace cylinder if less than 90% of rated capacity
5.	Return all straps, valves and components back to ready state
6.	Identify all components of SCBA are present: harness assembly, cylinder, face piece and PASS device
7.	Inspect all components of SCBA for cleanliness and damage
8.	If no damage is found to SCBA assembly and bottle, place in case, seat mount or bracket in the ready position





Reference Material – IFSTA Manual, 5th Edition, Chapter 5 (Rescue & Education)

Trainee's Name	Date	Evaluator's Name
Trainee's Signature	Updated	Evaluator's Signature









SKIP BREATHING

Skill Number: BA-3 Objectives: 5.3.112

INSTRUCTIONS TO THE MONITOR/EVALUATOR

- 1. The Trainee shall be given the instructions below before beginning the exercise.
- 2. Check off each step as the Trainee completes it.

EQUIPMENT / PLANNING LIST

- A. Full turnout gear (helmet, hood, coat, pants, boots, gloves)
- B. Self Contained Breathing Apparatus (with PASS device)
- C. Training Room/Building to conduct training
- D. Trainee Check Off Form

INSTRUCTIONS TO THE TRAINEE

The Trainee shall don full turnout gear, including an SCBA with PASS device in a safe haven area, shall demonstrate the skip breathing technique used to conserve air.

311011	uci	nonstrate the skip breathing technique used to conserve air.
1.		Wears full PPE including SCBA with PASS device.
2.		Inhales as during normal breathing.
3.		Holds the breath for as long as it would take to exhale.
4.		Inhales again.
5.		Exhales slowly.

Reference Material – IFSTA Manual, 5 ^{tl}	¹ Edition, Chapter 5 (Personal Protective
Equipment)	

Trainee's Name	Date	Evaluator's Name	
Trainee's Signature	Updated	Evaluator's Signature	













RESCUE/EXTRICATION- CONDUCT PRIMARY SEARCH

Skill Number: PS-1 Objectives: 5.3.9

INSTRUCTIONS TO THE MONITOR/EVALUATOR

- 1. The Trainee shall be given the instructions below before beginning the exercise.
- 2. Check off each step as the Trainee completes it.

EQUIPMENT / PLANNING LIST

- A. Full turnout gear (helmet, hood, coat, pants, boots, gloves)
- B. Self Contained Breathing Apparatus (with PASS device)
- C. Wax Paper (for obscured visibility) or Simulated Smoke or face piece cover
- D. Training Room/Building to conduct training
- E. Trainee Check Off Form

INSTRUCTIONS TO THE TRAINEE

The Trainee, while wearing full PPE, including SCBA in a darkened environment shall conduct a primary search in a smoke filled (simulated) room or by utilizing a mask cover to obscure the vision of the wearer. This is a team element drill.

visio	vision of the wearer. This is a team element drill.		
1.	Confirm order with officer to conduct primary search		
	a. Establish search pattern to be used		
2.	Size up structure to be searched.		
	a. Hazards present		
	b. Construction type and features		
	c. Potential escape routes		
	d. Fire and smoke conditions		
3.	Search the structure using established search pattern.		
	a. Cursory search of likely victim areas (closets, cabinets, rooms, etc.)		
	b. Call out for victims		
	c. Maintain team integrity and communication		
	d. Work from fire area to exterior		
	e. Maintain situational awareness		
4.	Identify rooms that have been searched.		
5.	Remove any victims.		
	a. Inform officer of victim(s)		
6.	Exit building when search is complete or when conditions dictate.		
7.	Report to officer completion of primary search		
8.	List considerations and steps necessary to complete a secondary search		





Reference Material – IFSTA Manual, 5 th Edition, Chapter 5 (Personal Protective Equipment)			
Trainee's Name	Date	Evaluator's Name	
Trainee's Signature	Updated	Evaluator's Signature	





FORCIBLE ENTRY

Skill Number: FE-1 Objectives: 5.3.4

INSTRUCTIONS TO THE MONITOR/EVALUATOR

- 1. The Trainee shall be given the instructions below before beginning the exercise.
- 2. Check off each step as the Trainee completes it.

EQUIPMENT / PLANNING LIST

- A. Full turnout gear (helmet, hood, coat, pants, boots, gloves)
- B. Halligan bar and flat head axe
- C. Inward swinging door (or prop)
- D. Training Room/Building to conduct training
- E. Trainee Check Off Form

INSTRUCTIONS TO THE TRAINEE

The Trainee shall force entry through an inward-swinging door by using the two Trainee method. This is a team element drill. Assemble all necessary tools and equipment for forcible entry 1. 2. Transport tools to the entry location and prepare for use Trainee #2: check door for heat and ensures it is safe to enter 3. 4. Trainee #1: Place the fork of a Halligan bar just above or below the lock with the bevel side of the fork against the door. Trainee #1: Angle the tool slightly up or down. 5. Trainee #2: Strike the tool with the back side of the flat-head axe 6. Trainee #2: Drive the forked end of the tool past the interior doorjamb. 7. Trainee #1: Move the bar slowly perpendicular to the door being forced to prevent 8. the fork from penetrating the interior doorjamb. 9. Trainee #1: Make sure the fork has penetrated between the door and the door jamb. 10. Trainee #1: Exert pressure on the tool toward the door, forcing it open.

Reference Material – IFSTA Manual, 5th Edition, Chapter 9 (Forcible Entry)

Trainee's Name	Date	Evaluator's Name
Trainee's Signature	Updated	Evaluator's Signature









HOSE LINE ADVANCEMENT

Skill Number: HA-1 & 2 (Combined Skill) Objectives: 5.3.10

INSTRUCTIONS TO THE MONITOR/EVALUATOR

- 1. The Trainee shall be given the instructions below before beginning the exercise.
- 2. Check off each step as the Trainee completes it.

EQUIPMENT / PLANNING LIST

- A. Full turnout gear (helmet, hood, coat, pants, boots, gloves)
- B. Self Contained Breathing Apparatus (with PASS device)
- C. Fire Apparatus (with hose bed) w/ pre connected hose with nozzle
- D. Training Room/Building to conduct training
- E. Trainee Check Off Form

INSTRUCTIONS TO THE TRAINEE

The Trainee shall advance the pre connected flat hose load, as well as advance a line into a structure. Put one arm through the longer loop. 1. 2. Grasp the shorter pull loop with the same hand. 3. Grasp the nozzle with the opposite hand. 4. Pull the load from the bed using the pull loops. Advance toward the fire. 5. 6. Proceed until the hose is fully extended. 7. Conduct a visual size up of scene to identify hazards. Start airflow in SCBA before approaching structure entrance or entering smoke 8. environment. Advance the hose to building entrance but do not enter the building. Size up 9. environment to indentify hazards. Approach door from side opposite hinges. Direct driver/operator to charge hoseline. 10. 11. Set the desired nozzle pattern and bleed air from hoseline. 12. Confirm readiness to enter structure with officer. 13. Enter the structure while staying low and maintaining spacing. 14. Maintain situational awareness of the environment and fire conditions.





Reference Material – IFSTA Manual, 5th Edition, Chapter 13 (Fire Hose)

Trainee's Name	Date	Evaluator's Name
Trainee's Signature	Updated	Evaluator's Signature





VICTIM RESCUE

Skill Number: VR-1 Objectives: 5.3.9

INSTRUCTIONS TO THE MONITOR/EVALUATOR

- 1. The Trainee shall be given the instructions below before beginning the exercise.
- 2. Check off each step as the Trainee completes it.

EQUIPMENT / PLANNING LIST

- A. Full turnout gear (helmet, hood, coat, pants, boots, gloves)
- B. Ladder (14' or extension ladder)
- C. Training Room/Building to conduct training w/ 2nd story access
- D. Firefighter (for conscious victim)
- E. Trainee Check Off Form

INSTRUCTIONS TO THE TRAINEE

The Trainees shall assist a conscious victim down a ground ladder. This is a team element drill consisting of 4 personnel. The evaluator shall inform each Trainee their respective position prior to attempting the task.

prior t	prior to attempting the task.				
1.	Position the ladder.				
	a. Tip at the sill of the rescue window				
	b. Correct climbing angle.				
2.	Secure the ladder.				
	a. With rope hose tool				
	b. Top and bottom, if possible				
3.	Heeler: Heel the ladder.				
4.	Rescuer: Climb the ladder.				
	a. Until in a position below window for receiving victim				
	b. Both feet on one rung				
5.	Trainees in building: Lower the victim from the window to the rescuer on the ladder.				
	a. Feet first				
	b. Facing building				
6.	Rescuer: Position the victim for carrying.				
	a. Forearms under victim's armpits				
	b. Hands on ladder rungs in front of victim				
7.	Descend the ladder.				
	a. One rung at a time				
	b. Supporting and reassuring victim				





Reference Material – IFSTA Manual, 5th Edition, Chapter 10 (Ground Ladders)

Trainee's Name	Date	Evaluator's Name	_
Trainee's Signature	Updated	Evaluator's Signature	





VENTILATION

Skill Number: HV-1 Objectives: 5.3.11

INSTRUCTIONS TO THE MONITOR/EVALUATOR

- 1. The Trainee shall be given the instructions below before beginning the exercise.
- 2. Check off each step as the Trainee completes it.

EQUIPMENT / PLANNING LIST

- A. Full turnout gear (helmet, hood, coat, pants, boots, gloves)
- B. Self Contained Breathing Apparatus (with PASS device)
- C. Simulated Smoke or face piece cover
- D. Training Room/Building to conduct training w/ window and/or door
- E. Charged hose line w/ nozzle
- F. Trainee Check Off Form

INSTRUCTIONS TO THE TRAINEE

The Trainees shall ventilate a structure by using <u>hydraulic</u> ventilation. This is a team element drill consisting of 2 personnel. The evaluator shall inform each Trainee their respective position prior to attempting task. Once each Trainee has operated the nozzle to perform hydraulic ventilation, the drill is complete. Evaluator shall give the following information to the Trainees:

- a. They are inside a room within a structure where you have extinguished a fire involving room and contents only.
- b. The ventilation crew has been unsuccessful.
- c. We need to ventilate this room with our hose line.
- d. Find a window or door and open it.

1.	Confirm order with officer to perform horizontal hydraulic ventilation.		
2.	Assemble and transport all necessary equipment.		
3.	Extend the nozzle outside of opening and open nozzle. Set the fog nozzle pattern		
	wide enough to cover 85-90 percent of window or door opening. Bring nozzle		
	approximately 2 feet (0.6 m) inside of building.		
4.	Monitor progress of ventilation.		





Reference Material – IFSTA Manual, 5th Edition, Chapter 11 (Ventilation) Trainee's Name Date Evaluator's Name Trainee's Signature Updated Evaluator's Signature









VENTILATION

Skill Number: MV-1 Objectives: 5.3.11

INSTRUCTIONS TO THE MONITOR/EVALUATOR

- 1. The Trainee shall be given the instructions below before beginning the exercise.
- 2. Check off each step as the Trainee completes it.

EQUIPMENT / PLANNING LIST

- A. Full turnout gear (helmet, hood, coat, pants, boots, gloves)
- B. Self Contained Breathing Apparatus (with PASS device)
- C. Simulated Smoke or face piece cover
- D. Training Room/Building to conduct training w/ window and/or door
- E . Charged hose line w/ a fog nozzle
- F. One or two PPV fans
- G. Trainee Check Off Forms

INSTRUCTIONS TO THE TRAINEE

The Trainees shall ventilate a structure by using <u>mechanical</u> ventilation. This is a team element drill consisting of 3 personnel. The evaluator shall inform each Trainee their respective position prior to attempting task. Evaluator shall give the following information to the Trainees:

- a. Point of entry to use.
- b. Location/seat of the fire.
- c. Possible exit openings to use.
- d. No other operations are going on inside the structure.
- e. Forcible entry has occurred.

1.		Confirm order with officer to ventilate structure.
2.	Place fan near entrance opening so that it will create a positive pressure within	
		structure.
3.		Start fan(s) and temporarily direct away from the opening.
4.		Create exit opening approximately equal to or smaller than the point of entry.
5.		Direct fan into point of entry so that cone of air covers opening.
6.		Determine if smoke is moving away from point of entry and toward the exit. If not, discontinue use of fan and re-evaluate location of point of entry and exit, as well as any obstructions of the air flow.
7.		Clear smoke out of the building.





Reference Material – IFSTA Manual, 5th Edition, Chapter 11 (Ventilation)

Trainee's Name	Date	Evaluator's Name
Trainee's Signature	Updated	Evaluator's Signature





STRUCTURE FIRE ATTACK: ABOVE GRADE LEVEL

Skill Number: SFA-1(Lead Trainee) Objectives: 5.3.11

INSTRUCTIONS TO THE MONITOR/EVALUATOR

- 1. The Trainee shall be given the instructions below before beginning the exercise.
- 2. Check off each step as the Trainee completes it.

EQUIPMENT / PLANNING LIST

- A. Full turnout gear (helmet, hood, coat, pants, boots, gloves)
- B. Self Contained Breathing Apparatus (with PASS device)
- C. Simulated Smoke or face piece cover
- D. Training Room/Building to conduct training w/ 2^{nd} floor
- E. Charged hose line w/ nozzle
- F. Trainee Check Off Form

INSTRUCTIONS TO THE TRAINEE

The Trainees, given the materials listed in section 1, shall demonstrate proper procedures for extinguishing an interior fire on an upper floor. This is a team element drill. The Evaluator shall assign task assignments to each Trainee.

ussigi	ı ta.	sk assignments to each mannee.
1.		Wears full PPE with SCBA.
2.		Selects proper hose line and nozzle.
3.		Performs activities within the realm of an established ICS.
4.		Determines the point of entry (extinguishment begins at unburned side).
5.		Bleeds air from the hose line.
6.		Sets a solid or straight stream pattern on the nozzle.
7.		Extinguishes any burning area(s).
8.		Stays out of the doorway on the side opposite the hinges and opens the door slowly
9.		Advances to the stairwell by crawling, keeping head up and feet down.
10.		Keeps the hose along the outside of the stairwell.
11.		Upon reaching the fire floor, advances to the fire room by crawling or duck walk.
12.		Applies water using an appropriate pattern.
13.		Manages the fire stream based on the conditions.
14.		Ensures that the fire is extinguished.





Reference Material – IFSTA Manual, 5th Edition, Chapter 15 (Fire Control)

Trainee's Name	Date	Evaluator's Name
Trainee's Signature	Updated	Evaluator's Signature





STRUCTURE FIRE ATTACK: ABOVE GRADE LEVEL

Skill Number: SFA-2(Backup Trainee) Objectives: 5.3.11

INSTRUCTIONS TO THE MONITOR/EVALUATOR

- 1. The Trainee shall be given the instructions below before beginning the exercise.
- 2. Check off each step as the Trainee completes it.

EQUIPMENT / PLANNING LIST

- A. Full turnout gear (helmet, hood, coat, pants, boots, gloves)
- B. Self Contained Breathing Apparatus (with PASS device)
- C. Simulated Smoke or face piece cover or face piece cover
- D. Training Room/Building to conduct training w/ 2nd floor
- E. Charged hose line w/ nozzle
- F. Trainee Check Off Form

INSTRUCTIONS TO THE TRAINEE

The Trainees, given the materials listed in section 1, shall demonstrate proper procedures for extinguishing an interior fire on an upper floor. This is a team element drill. The Evaluator shall assign task assignments to each Trainee.

1.	Wears full PPE with SCBA.
2.	Performs activities within the realm of an established ICS.
3.	Stays out of the doorway on the side opposite the hinges and opens the door slowly
4.	Advances to the stairwell by crawling or using duck walk.
5.	Pulls slack for the lead Trainee.
6.	Advances to the stairwell by crawling, keeping head up and feet down.
7.	Keeps the hose along the outside of the stairwell.
8.	Ensures the hose does not kink.
9.	Stops at corners to pull slack around the corner, then follows the hose back to the
	Lead Trainee.
10.	Upon reaching the fire floor, advances to the fire room by crawling or duck walk.





Reference Material – IFSTA Manual, 5th Edition, Chapter 15 (Fire Control)

Trainee's Name	Date	Evaluator's Name
Trainee's Signature	Updated	Evaluator's Signature





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STRUCTURE FIRE ATTACK: BELOW GRADE LEVEL

Skill Number: SFA-3(Lead Trainee) Objectives: 5.3.11

INSTRUCTIONS TO THE MONITOR/EVALUATOR

- 1. The Trainee shall be given the instructions below before beginning the exercise.
- 2. Check off each step as the Trainee completes it.

EQUIPMENT / PLANNING LIST

- A. Full turnout gear (helmet, hood, coat, pants, boots, gloves)
- B. Self Contained Breathing Apparatus (with PASS device)
- C. Simulated Smoke or face piece cover or face piece cover
- D. Training Room/Building to w/ a basement or a building with an upper floor so that it may simulate a structure with a basement
- E. Trainee Check Off Form

INSTRUCTIONS TO THE TRAINEE

The Trainees, given the materials listed in section 1, shall demonstrate proper procedures for extinguishing an interior fire on a lower floor or basement. This is a team element drill. The Evaluator shall assign task assignments to each Trainee.

Lvaia	atoi	Shall assign task assignments to each trainee.
1.		Wears full PPE with SCBA.
2.		Selects proper hose line and nozzle.
3.		Performs activities within the realm of an established ICS.
4.		Determines the point of entry (extinguishment begins at unburned side).
5.		Bleeds air from the hose line.
6.		Sets a solid or straight stream pattern on the nozzle.
7.		Extinguishes any burning area(s).
8.		Stays out of the doorway on the side opposite the hinges and opens the door slowly
9.		Advances to the stairwell by crawling, keeping head up and feet down.
10.		Keeps the hose along the outside of the stairwell.
11.		Upon reaching the fire floor, advances to the fire room by crawling or duck walk.
12.		Applies water using an appropriate pattern.
13.		Manages the fire stream based on the conditions.
14.		Ensures that the fire is extinguished.



Trainee's Signature

INDIANA FIREFIGHTER TRAINING SYSTEM 2013 CORE COMPETENCY TASK BOOK



Evaluator's Signature

Reference Material – IFSTA Manual, 5th Edition, Chapter 15 (Fire Control) Trainee's Name Date Evaluator's Name

Updated





SUDDEN INFANT DEATH SYNDROME

Skill Number: SIDS

INSTRUCTIONS TO THE MONITOR/EVALUATOR

- 1. The Trainee shall be given the instructions below before beginning the exercise.
- 2. Check off each step as the Trainee completes it.

EQUIPMENT / PLANNING LIST

- A. Training Room/Building to conduct training
- B. SIDS power point (In Mandatory package-(http://www.in.gov/dhs/3093.htm)
- C. Projector w/ screen
- D. Computer with power point capability
- E. Instructor Guide and Student Guide
- F. Trainee Check Off Form

INSTRUCTIONS TO THE TRAINEE

The Trainee, given the materials listed in section 1, shall complete the introductory education on Sudden Infant Death Syndrome (SIDS) through the use of the Student Guides, and power point presentation.

point	presentation.
1.	Identifies SIDS, and what it is.
2.	Identifies the causes of SIDS
	a. Birth Defect
	b. Stress
	c. Failure to develop
	d. Critical period (such as rapid growth)
3.	Identifies that SIDS is NOT preventable
4.	Identify the actions of a Firefighter, who responds on a SIDS incident:
	a. Notify Police
	b. Notify Coroner
	c. Control access to room where death occurred
	d. Be sensitive to the needs of the parents and family
	e. Parents should NOT hold the baby





Reference Material - http:	/www.in.gov/dhs/3093.htm	(course materials)
itererence iviaterial littp.	/ W W W.III.gov/ alis/ 3033.IItli	(Course materials)

Trainee's Name	Date	Evaluator's Name	
Trainee's Signature	Updated	Evaluator's Signature	





CARDIO PULMONARY RESUSCITATION-ADULT

Skill Number: CPR-1

INSTRUCTIONS TO THE MONITOR/EVALUATOR The Trainee shall be given the instructions below before beginning the exercise. Check off each step as the Trainee completes it.

EQUIPMENT / PLANNING LIST

- A. Training Room/Building to conduct training
- B. American Heart Association skills check off (to use as a master Instructor Guide) (http://www.heart.org)
- C. 1 CPR Mannequin (if available. If none are available, Trainee may verbalize skills)
- D. Trainee Check Off Form

INSTRUCTIONS TO THE TRAINEE

The Trainee, given the materials listed in section 1, shall demonstrate <u>ADULT</u> CPR. Note to the Trainee- <u>THIS IS NOT</u> for certification . This is used as a training tool only. For the certification in CPR, see Training Officer or designee to inquire about classes.

•	ny see training entitle of designee to include about classes.
1.	Verbalizes scene is safe
2.	Check for response- TAP and SHOUT
3.	Calls for help
4.	Tells someone to phone 911 and get an AED
5.	Checks for breathing- (Evaluator shall state- NONE)
6.	Locates hand placement for compressions
	a. Moves clothes out of the way of chest area
	b. Lower half of the breastbone
7.	Delivers 1 st set of compressions
	a. 30 compressions in 18 seconds or less
8.	Gives 2 breaths with mask and 2 breaths without mask
	a. At least 1 breath results in visible chest rise
	b. Breaths given and compressions started within 10 seconds
9.	Delivers 2 nd set of compressions
	a. Gives at least 23 of 30 compressions in correct chest location
10.	Gives 2 breaths with mask and 2 breaths without mask
	a. At least 1 breath results in visible chest rise
	b. Breaths given and compressions started within 10 seconds
11.	EVALUATOR states: "You have just completed 5 sets of compressions and breaths."





Reference Material – (http://www.heart.org) (course materials)		se materials)
Trainee's Name	Date	Evaluator's Name
Trainee's Signature	Updated	Evaluator's Signature





CARDIO PULMONARY RESUSCITATION-INFANT

Skill Number: CPR-2

	INSTRUCTIONS TO THE MONITOR/EVALUATOR
1.	The Trainee shall be given the instructions below before beginning the exercise.
2.	Check off each step as the Trainee completes it.

EQUIPMENT / PLANNING LIST

- A. Training Room/Building to conduct training
- B. American Heart Association skills check off (to use as a master Instructor Guide) (http://www.heart.org)
- C. 1 CPR Mannequin (if available. If none are available, Trainee may verbalize skills)
- D. Trainee Check Off Form

INSTRUCTIONS TO THE TRAINEE

The Trainee, given the materials listed in section 1, shall demonstrate <u>INFANT</u>CPR. Note to the Trainee- <u>THIS IS NOT</u> for certification. This is used as a training tool only. For the certification in CPR, see Training Officer or designee to inquire about classes.

CPR,	see	Training Officer or designee to inquire about classes.	
1.		Verbalizes scene is safe	
2.		Check for response- TAP and SHOUT	
3.		Calls for help	
4.		Tells someone to phone 911 and get an AED	
5.		Checks for breathing- (Evaluator shall state- NONE)	
6.		Locates hand placement for compressions	
		a. Two fingers just below the nipple line on the breastbone	
7.		Delivers 1 st set of compressions	
		a. 30 compressions in 18 seconds or less	
8.		Gives 2 breaths without mask	
		a. At least 1 breath results in visible chest rise	
		b. Breaths given and compressions started within 10 seconds	
9.		Delivers 2 nd set of compressions	
		a. Gives at least 23 of 30 compressions in correct chest location	
10.		Gives 2 breaths with mask and 2 breaths without mask	
		a. At least 1 breath results in visible chest rise	
		b. Breaths given and compressions started within 10 seconds	
11.		EVALUATOR states: "You have just completed 5 sets of compressions and breaths."	





Reference Material – (http://www.heart.org) (course materials)		
Trainee's Name	Date	Evaluator's Name
Trainee's Signature	Updated	Evaluator's Signature





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Care of PPE (Turnout Gear)- Cleaning Solution

Skill Number: PPE Care-1

	INSTRUCTIONS TO THE MONITOR/EVALUATOR	
1.	The Trainee shall be given the instructions below before beginning the exercise.	
2.	Check off each step as the Trainee completes it.	

EQUIPMENT / PLANNING LIST

- A. Full turnout gear (coat, pants)
- B. Training Room/Building to conduct training with location to hang dry PPE
- C. Clean towels
- D. Gear cleaning solution with warm water
- E. PPE Specification/Maintenance guide & Department policies on gear cleaning/storage
- F. Trainee Check Off Form

INSTRUCTIONS TO THE TRAINEE

While the Trainee's turnout gear is laid out with the 4 pieces of the ensemble detached, the Trainee shall follow the below tasks in caring for (cleaning) and storing the gear. The helmet shall be left in one piece. For more information on cleaning, see manufacturer's guide for specific PPE.

	1	
1.		Wash off any hazardous particulates of the outer shells of all PPE with warm water,
		and gear cleaning solution.
2.		Wash off any hazardous particulates of the liners with warm water, and gear cleaning
		solution.
3.		Turn shells/liners inside out and repeat cleaning process.
4.		Ensure that all clips, snaps, zippers and Velcro are washed clean.
5.		Wipe down all pieces of PPE with clean towel.
6.		Hang in a dry area to allow the drying process.
7.		Once dry, gear shall be placed back into ready position





Reference Material – IFSTA Manual, 5 th Edition, Chapter 5 (Personal Protective				
Equipment)	Equipment)			
Trainee's Name	Date	Evaluator's Name		
Trainee's Signature	Updated	Evaluator's Signature		





Care of PPE (Turnout Gear)- Gear Washer

Skill Number: PPE Care -2

INSTRUCTIONS TO THE MONITOR/EVALUATOR

- 1. The Trainee shall be given the instructions below before beginning the exercise.
- 2. Check off each step as the Trainee completes it.

EQUIPMENT / PLANNING LIST

- A. Turnout gear (coat, pants)
- B. Training Room/Building to conduct training with location to hang dry PPE
- C. Gear washer with proper cleaning solution
- D. PPE Specification/Maintenance guide & Department policies on gear cleaning/storage
- E. Trainee Check Off Form

INSTRUCTIONS TO THE TRAINEE

While the Trainee's turnout gear is laid out with the 4 pieces detached, the Trainee shall follow the below tasks in caring for (cleaning) and storing the gear. For more information on cleaning, see manufacturer's guide for specific PPE.

300.	Hui	unacturer's guide for specific FFL.
1.		Ensure that gear washer is clear of any other piece of ensemble and ready for use.
2.		Remove all equipment from pockets of PPE
3.		Ensure that all pieces of the elements are detached from one another (2 liners, 2
		shells)
4.		Snap all closures (if Velcro, Velcro all pieces together).
5.		Turn the detached layers inside out and place in washer.
6.		Turn the washer onto the proper setting (specification of washer/PPE manufacturer)
		and add proper cleaning solution
7.		Allow washer to run full cycle. Once complete, pull all PPE from washer.
8.		Hang in a dry area to allow the drying process. DO NOT TUMBLE DRY
9.		Once dry, gear shall be placed back into ready position





Reference Material – IFSTA Manual, 5 th Edition, Chapter 5 (Personal Protective				
Equipment)	Equipment)			
Trainee's Name	Date	Evaluator's Name		
Trainee's Signature \	Jpdated I	Evaluator's Signature		





Care of PPE (Helmet, Hood, Gloves)

Skill Number: PPE Care -3

	INSTRUCTIONS TO THE MONITOR/EVALUATOR
1.	The Trainee shall be given the instructions below before beginning the exercise.
2.	Check off each step as the Trainee completes it.

EQUIPMENT / PLANNING LIST

INSTRUCTIONS TO THE TRAINEE

- A. Fire helmet, hood, gloves
- B. Training Room/Building to conduct training with location to hang dry PPE
- C. Gear washer with proper cleaning solution
- D. PPE Specification/Maintenance guide & Department policies on gear cleaning/storage
- E. Clean cloth or towel
- F. Trainee Check Off Form

The Trainee shall follow the below tasks in caring for (cleaning) and storing the gear. For more
information on cleaning, see manufacturer's guide for specific PPE.

infor	information on cleaning, see manufacturer's guide for specific PPE.		
1.		Rinse off PPE with warm water to remove debris, soot, etc.	
2.		Place warm, soapy water or cleaning solution (see specification guide) in tub or sink	
		that is designated for gear use	
3.		Place gloves, hood and helmet in solution or water (hood and gloves CAN be placed in	
		gear washer, with pants and coat)	
4.		Thoroughly clean PPE with solution and cloth	
		a. Helmet- If cleaning without submerging in solution, wipe down thoroughly with the	
		clean cloth (including all components of helmet)	
5.		Once clean, place PPE in wary, dry area to air dry. DO NOT TUMBLE DRY hood or	
		gloves	
6.		Once dry, gear shall be placed back into ready position	





Reference Material – IFSTA Manual, 5 th Edition, Chapter 5 (Personal Protective			
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Trainee's Name	Date	Evaluator's Name	
Trainee's Signature	Updated	Evaluator's Signature	





Care of SCBA (Harness and Bottle)

Skill Number: SCBA Care -1

INSTRUCTIONS TO THE MONITOR/EVALUATOR The Trainee shall be given the instructions below before beginning the exercise. Check off each step as the Trainee completes it.

EQUIPMENT / PLANNING LIST

- A. SCBA Assembly (bottle, harness, regulator)
- B. Training Room/Building to conduct training with location to lay out air pack assembly to dry
- C. Proper cleaning solution (per specification guide)
- D. Department policies on SCBA cleaning/storage
- E. Trainee Check Off Form

INSTRUCTIONS TO THE TRAINEE

While the Trainee's SCBA is laid out with the assembly and bottle detached, the Trainee shall follow the below tasks in caring for (cleaning) and storing the SCBA. For more information on cleaning, see manufacturer's guide for SCBA.

clear	าเทg	, see manufacturer's guide for SCBA.
1.		Rinse the bottle and harness off with warm water
2.		Apply cleaning solution or soapy water to bottle and harness (See specification guide)
3.		Rinse off solution or soapy water, with warm water
4.		Clean threads of bottle, and regulator pieces
5.		Inspect hoses on assembly to ensure that pieces are intact and ready for use
6.		Inspect bottle to ensure that it is ready for use, and no deficiencies are noted
7.		Place assembly in a warm area to dry in a flat position with straps out
8.		Once dry, SCBA shall be placed back into ready position in the seat mount, storage
		case or compartment

Reference Material – IFSTA Manual, 5th Edition, Chapter 5 (Personal Protective Equipment)

Trainee's Name	Date	Evaluator's Name	
Trainee's Signature	Updated	Evaluator's Signature	





Care of SCBA (Mask)

Skill Number: SCBA Care -2

INSTRUCTIONS TO THE MONITOR/EVALUATOR The Trainee shall be given the instructions below before beginning the exercise. Check off each step as the Trainee completes it.

EQUIPMENT / PLANNING LIST

- A. SCBA Mask
- B. Training Room/Building to conduct training with location to dry
- C. Proper cleaning solution (per specification guide)
- D. Clean cloth
- E. Department policies on SCBA mask cleaning/storage
- F. Batteries for voice amplifier (if applicable)
- G. Trainee Check Off Form

INSTRUCTIONS TO THE TRAINEE

While the Trainee's mask is laid out and detached from SCBA assembly, the Trainee shall follow the below tasks in caring for (cleaning) and storing the SCBA mask. For more information on cleaning, see manufacturer's guide for SCBA (mask).

cieai	IIIIIg	, see Handracturer's guide for SCBA (Hask).
1.		Detach voice amplifier system and hoses, if applicable
2.		Place warm, soapy water or cleaning solution (see specification guide) in tub or sink
		that is designated for gear use
3.		Submerge mask in solution or soapy water
4.		Use a clean cloth to wipe down inside/outside of mask
5.		Clean any loose hoses from masks, in same manner, if applicable
6.		Ensure that facial cup, lens piece and other components are clean (to specification)
7.		Place on counter area, or dry surface to dry
8.		If voice amplifier system needs battery change, check manufacturer specification and
		change accordingly





Reference Material – IFSTA Manual, 5 th	Edition, Chapter 5 (Personal Protective
Equipment)	

Trainee's Name	Date	Evaluator's Name
Trainee's Signature	Updated	Evaluator's Signature





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CORE COMPETENCY TASK BOOK DEPARTMENT CHECKOFF

Firefighter	VR-	HV-	MV-	SFA-	SFA-	SFA-	SFA-	BA-	BA-	BA-	PPE-	PPE-	RE-1	FE-1	HA-1	HA-2	SIDS	CPR
· ·	1	1	1	1	2	3	4	1	2	3	1	2						
			_															

NOTE

This file shall be retained at the fire station/agency in which the training is being conducted.





CORE COMPETENCY TASK BOOK DEPARTMENT CHECKOFF

Firefighter	CPR-	CPR-2	PPE	PPE	PPE	SCBA	SCBA
J	1		Care-1	Care-2	Care-3	Care-1	Care-2
						_	

NOTE

This file shall be retained at the fire station/agency in which the training is being conducted.